

# *This is the BEST Personal Training around...*

*And we  
want to  
prove it*



## **Advanced Fitness - 30 Day trial membership - \$99**

**Satisfied with your econo-gym membership? Tired of the same routine with little results? Looking for the most qualified personal trainers?**

*We know we can provide the best personal training around -  
Here is our chance to prove it!*

***30 Days for \$99  
Trial Membership\****

***Advanced Fitness***  
PERSONAL TRAINING AND SPORTS PERFORMANCE CENTER

# **Call now 610-444-1711**

**Our \$99 for 30 day Special includes:**

An individualized personal training program designed from the results of your Functional Movement Screen and with your specific personal training goals in mind PLUS:

- 4 Personal Training Sessions
- Unlimited Group Fitness Classes
- Special gift from your Advanced Fitness Trainer
- Special bonus gifts for Clients that train with us.

**Specialized Personal Training Programs**

Weight Loss for Summer • Body Transformation • Youth Sport Training  
TRX Training • Kettlebell Training

**[www.fit224.com](http://www.fit224.com)**

*\*Available only to those who have never trained at Advanced Fitness.*